

# The Vernon **Bulletin**

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June 10, 2009

## Trails Day Family Fun Run/Walk

The Vernon Parks and Recreation Department held it's First Annual Trails Day Family Fun Run/Walk on June 6, 2009. This program was the last event within the Mayor's Cup Challenge and also was part of the Nation's celebration of Trails.

Over forty runners and walkers attend the event, which benefitted youth fitness programs and summer camp scholarships.

Each registered participant received a t-shirt, and Trails Day glass to celebrate the great event.



Photo Above: Maura, Ali and Laney Tyska, our first on-line registrants!

### Vernon Recreation Photo Gallery





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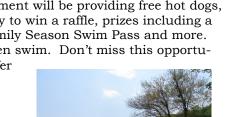
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### DISCOVER VALLEY FALLS

Visit Valley Falls on Friday, June 26 for free. Walk around and see what the park has to offer. The Parks and Recreation Department will be providing free hot dogs, snacks and refreshments. Have an opportunity to win a raffle, prizes including a free session at Valley Falls Nature Camp, a Family Season Swim Pass and more. Games and activities will be held as well as open swim. Don't miss this opportunity to discover Valley Falls and all it has to offer

Friday, June 26 6:00-8:00p.m.

Free



### **Special Events**

- Discover Valley Falls June 26th
- CAMP REGISTRATION and SWIM REGIS-TRATION IS ON GO-ING. REGISTER TO-DAY!!!!

### **Vernon Parks and Recreation Upcoming Activities**

#### **SWIM LESSONS**

Swim lessons are available at Horowitz and Community pools in the mornings and evenings. Lessons are held Monday-Thursday and consist of two weeks of 45-minute instruction. Fridays will be reserved for make-up lessons in the case that we need to cancel swim lessons. Swim lessons will not be cancelled if it rains, but will be cancelled in the case of thunder and lightening, and in the case that there is a home swim meet for the Vernon Gator Swim Team. Descriptions are available at Henry Park and on our

Web site:www.Vernon-ct.gov

### **SESSIONS**

Session I June 29-July 10\*

\*Night lessons at Horowitz pool will be altered due to the Town of Vernon Fireworks being held at Henry Park. The lesson will be as follows:

Week 1 – Mon 29; Tues 30, Thurs2.

Week 2 – Monday-Thurs. Session II July 13-July 24; Session III July 27-Aug 7 Session IV Aug 10-Aug 21

FEES

\$45 Residents \$55 Non-Resident \$80 Semi-Private Lessons Resident \$100 Semi-Private Lessons Non-Resident

SUMMER HIGHLIGHTS

Summer Highlights is open to children 6-12 years old. Summer Highlight sights include Center 375, Henry Park and Valley Falls. The program offers a variety of structured activities in a playground setting. Children will engage in swimming, arts and crafts, sport activities, field games and more. Valley Falls has a key focus on exploring Nature! Valley Fall's campers will enjoy explorations in the pond, on hiking trails, special guest presenters and more. Bus transportation is available for Summer Highlight participants; **NOTE:** You MUST circle your bus stop on the registration form. Extended hours are also available with bus transportation to and from. All registrations are due by 4:30p.m. on the Thursday prior to the beginning of a session, if there are openings. NO EXCEPTIONS.

Center 375, Henry Park, Valley Falls

**CAMP HOURS:** 9:00a.m. to 3:30p.m

Residents: \$65 Non-Residents: \$70

### **CAMP NEWHOCA**

Open to children ages 6-12, this program offers a variety of structured activities for participants in a summer camp setting. Located at Middle Bolton Lake in Vernon, your child will engage in swimming, hiking, arts and crafts, sport activities, field games, boating

and much more. Swim lessons are available for beginner levels 1 and 2, please note participants will NOT receive an American Red Cross card. If your child will be participating in swim lessons, please circle the corresponding level on the registration form. Overnight stays are available for ages 10-12 on Tuesday nights during sessions 3, 5 and 7. Bus transportation is available for Camp Neshoba participants; **NOTE**: You MUST circle your bus stop on the registration form. Extended hours are also available with bus transportation to and from. All registrations are due by 4:30p.m. on the Thursday prior to the beginning of a session, if there are openings. NO EXCEPTIONS.

CAMP HOURS: 9:00a.m. to 3:30p.m

Residents: \$90 Non-Residents: \$95

#### EXTENDED DAY HOURS

This is an extension to the summer camp day for Camp Newhoca and Summer Highlights. Center 375 and Henry Park Highlights will meet at Center 375 for the extended hours. Valley Falls Highlights and Neshoba will meet at Valley Falls for the extended hours. All extended morning children will be bused to your child's camp location for the day. All extended evening children will be bused back to Center375/Valley Falls from their campsite. Children will get the chance to play games, watch movies, swim(evening hours only), and participate in other activities to unwind from a big day at camp.

Morning Hours (begins at 7:30a.m.) Evening Hours (ends at 6:00p.m.)

FEE: Extended A.M.

Residents: \$23 Non-Resdients: \$28

Extended P.M.

Resident: \$30 Non-Resdients: \$35

**Extended Both** 

Resident: \$48 Non-Resdients: \$53

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